

Let Our Light Shine

On this Fifth Sunday in Ordinary Time, Jesus calls His disciples to be “the light of the world.” We are called to live with clear consciences and reflect in our actions the radiance of love, honesty, purity, respect, and sincerity, making our lives bright and meaningful. In a world darkened by sin, our task is to let this light shine through word and deed. As we celebrate the Eucharist and encounter our Brother and Lord, Jesus Christ—the Light of the world—may He strengthen us to be witnesses of truth, hope, and life, and inspire gratitude for all who courageously defend life in the Pro-Life Movement.



INTRODUCTORY RITES

ENTRANCE ANTRIPON

(To be recited only when no entrance hymn is sung.)

**O come, let us worship God
and bow low before the God who made us,
for he is the Lord our God.**

(Ps 95 (94):6-7)

GREETING

P—Blessed be the Lord, the light and life of the world. May his grace and peace be with you all.
All—And with your spirit.

PENITENTIAL ACT

P—As we begin this Eucharistic celebration let us call to mind our sins, especially the sins against life. (Pause)

P—Lord Jesus, you enjoined your disciples to be salt of the earth with the wisdom of our thoughts, but we often follow the foolishness of materialism. Lord, have mercy.

All— Lord, have mercy.

P—Lord Jesus, you enjoined your disciples to be light of the world through the holiness of our behavior, but we often scandalize others through our bad examples. Christ, have mercy.

All— Christ, have mercy.

P—Lord God, you are the source of our life and joy, but we often fail to be the same to our neighbor. Lord, have mercy.

All— Lord, have mercy.

P—May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

All— Amen.

GLORIA

All — Glory to God in the highest,
and on earth peace to people of good will.
We praise you,
we bless you,
we adore you,
we glorify you,

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we give you thanks for your great glory,
 Lord God, heavenly King,
 O God, almighty Father.
 Lord Jesus Christ, Only Begotten Son,
 Lord God, Lamb of God, Son of the Father,
 you take away the sins of the world,
 have mercy on us;
 you take away the sins of the world,
 receive our prayer;
 you are seated at the right hand of the Father,
 have mercy on us.
 For you alone are the Holy One,
 you alone are the Lord,
 you alone are the Most High,
 Jesus Christ,
 with the Holy Spirit,
 in the glory of God the Father. Amen.

COLLECT (OPENING PRAYER)

P – Keep your family safe, O Lord,
 with unfailing care,
 that, relying solely on the hope of heavenly grace,
 they may be defended always by your
 protection.
 Through our Lord Jesus Christ, your Son,
 who lives and reigns with you in the unity of the
 Holy Spirit,
 God, for ever and ever.

All – Amen.

LITURGY OF THE WORD

1st Reading

Is 58:7-10

R – A reading from the Book of the Prophet
 Isaiah

Thus says the Lord:
**“Share your bread with the hungry,
 shelter the oppressed and the homeless;
 clothe the naked when you see them,
 and do not turn your back on your
 own.**

**Then your light shall break forth like the
 dawn, and your wound shall quickly be
 healed; your vindication shall go before you,
 and the glory of the Lord shall be your
 rear guard.**

**Then you shall call, and the Lord will answer;
 you shall cry for help, and he will say: ‘Here
 I am!’**

**If you remove from your midst
 oppression, false accusation and
 malicious speech;
 if you bestow your bread on the hungry
 and satisfy the afflicted,**

**then light shall rise for you in the darkness,
 and the gloom shall become for you like
 midday.”**

The word of the Lord.

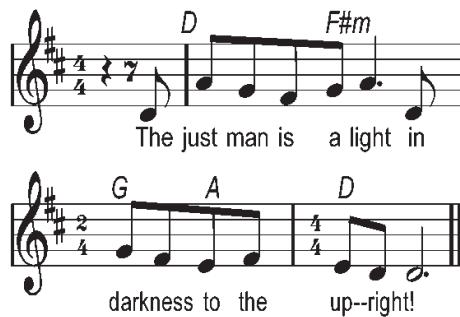
All – Thanks be to God.

Responsorial Psalm

Ps 112:4-5, 6-7, 8-9

R – The just man is a light in darkness to the upright.

R. M. Velez



- * Light shines through the darkness for the upright;
 he is gracious and merciful and just.
 Well for the man who is gracious and
 lends,
 who conducts his affairs with justice. **R.**
- * He shall never be moved;
 the just one shall be in everlasting
 remembrance.
 An evil report he shall not fear;
 his heart is firm, trusting in the Lord. **R.**
- * His heart is steadfast; he shall not fear.
 Lavishly he gives to the poor;
 his justice shall endure forever;
 his horn shall be exalted in glory. **R.**

2nd Reading

1 Cor 2:1-5

R – A reading from the first Letter of Saint Paul to the Corinthians

**When I came to you, brothers and sisters,
 proclaiming the mystery of God,
 I did not come with sublimity of words or
 of wisdom.
 For I resolved to know nothing, while I was
 with you,
 except Jesus Christ, and him crucified.
 I came to you in weakness and fear and much
 trembling,
 and my message and my proclamation
 were not with persuasive words of
 wisdom,**

but with a demonstration of Spirit
and power,
so that your faith might rest not on
human wisdom
but on the power of God.

The word of the Lord.
All – Thanks be to God.

Gospel Acclamation Jn 8:12

All – Alleluia, alleluia.
I am the light of the world, says the Lord;
whoever follows me will have the light of life.
Alleluia, alleluia.

Gospel Mt 5:13-16

P – The Lord be with you.
All – And with your spirit.
P – A reading from the holy Gospel according
to Matthew
All – Glory to you, O Lord.

Jesus said to his disciples:
“You are the salt of the earth.
**But if salt loses its taste, with what can it be
seasoned?**
**It is no longer good for anything
but to be thrown out and trampled
underfoot.**
You are the light of the world.
A city set on a mountain cannot be hidden.
**Nor do they light a lamp and then put it
under a bushel basket;**
**it is set on a lampstand,
where it gives light to all in the house.**
**Just so, your light must shine before others,
that they may see your good deeds
and glorify your heavenly Father.”**

The Gospel of the Lord.
All – Praise to you, Lord Jesus Christ.

HOMILY

Profession of Faith

(Nicene-Constantinopolitan Creed)

All – I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;

through him all things were made.
For us men and for our salvation
he came down from heaven, (bow)*
and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.*
For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic
and apostolic Church.
I confess one Baptism
for the forgiveness of sins
and I look forward to the
resurrection of the dead
and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

P – Being a real disciple of the Lord and an apostle is not easy, for we are expected to live the Gospel to the full. Aware of our weakness, we pray:

All – Lord, make us salt of the earth and light
of the world.

C – That the Church may remain true to herself and zealously accomplish the mission entrusted to her by Jesus, let us pray. **R.**

C – That the Pope, the bishops, the priests may constantly confirm us in our effort to live as real disciples of Christ, let us pray. **R.**

C – That all educators may instill in their students respect for the sacredness of human life from the moment of conception until death, let us pray. **R.**

C – That all parents may value the gift of children, and raise them with a sense of responsibility to be good Christians and honest citizens, let us pray. **R.**

P – Lord Jesus, true light of the world, strengthen our determination to fulfill our task of being salt of the earth and light of the world. Sustain us in our endeavor to follow your example and thereby overcome the moral darkness of sin.
You who live and reign for ever and ever.
All – Amen.

LITURGY OF THE EUCHARIST

PREPARATION OF THE GIFTS

P – Pray, brethren . . .
All – May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

P – O Lord our God, who once established these created things to sustain us in our frailty, grant, we pray, that they may become for us now the Sacrament of eternal life. Through Christ our Lord.
All – Amen.

PREFACE I

P – The Lord be with you.
All – And with your spirit.

P – Lift up your hearts.
All – We lift them up to the Lord.

P – Let us give thanks to the Lord our God.
All – It is right and just.
P – It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God, through Christ our Lord.
For through His Paschal Mystery, He accomplished the marvelous deed, by which He has freed us from the yoke of sin and death, summoning us to the glory of being now called a chosen race, a royal priesthood, a holy nation, a people for your own possession;

to proclaim everywhere your mighty works, for you have called us out of darkness into your own wonderful light. And so, with Angels and Archangels, with Thrones and Dominions, and with all the hosts and Powers of heaven, we sing the hymn of your glory, as without end we acclaim:
All – Holy, holy, holy Lord, God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

MEMORIAL ACCLAMATION

P – The mystery of faith.
All – When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

COMMUNION RITE

All – Our Father . . .
P – Deliver us, Lord . . .
All – For the kingdom, the power, and the glory are yours, now and for ever.

SIGN OF PEACE

BREAKING OF THE BREAD

All – Lamb of God, you take away the sins of the world:
have mercy on us. (2x)
Lamb of God, you take away the sins of the world:
grant us peace.

COMMUNION

P – Behold the Lamb of God, behold Him who takes away the sins of the world. Blessed are those called to the Supper of the Lamb.
All – Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.



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COMMUNION ANTIphon

(To be recited only when no Communion hymn is sung.)

Let them thank the Lord for His mercy,
His wonders for the children of men,
for He satisfies the thirsty soul,
and the hungry he fills with good things.
(Cf. Ps 107 (106):8-9)

PRAYER AFTER COMMUNION

P—O God, who have willed that we be partakers in the one Bread and the one Chalice, grant us, we pray, so to live that, made one in Christ, we may joyfully bear fruit for the salvation of the world. Through Christ our Lord.

All—Amen.

CONCLUDING RITES

P—The Lord be with you.

All—And with your spirit.

P—Bow down for the blessing. (Pause)
—May the Lord make you salt of the earth in a society that has lost the appreciation of the values that really matter.

All—Amen.

P—May the Lord enable you to be light of the world through a behavior that shines forth in the midst of so much corruption.

All—Amen.

P—May He empower you to defend and promote human life against all attempts to destroy it through abortion, euthanasia, terrorism, and other forms of violence.

All—Amen.

P—May almighty God bless you: the Father, and the Son, and the Holy Spirit.

All—Amen.

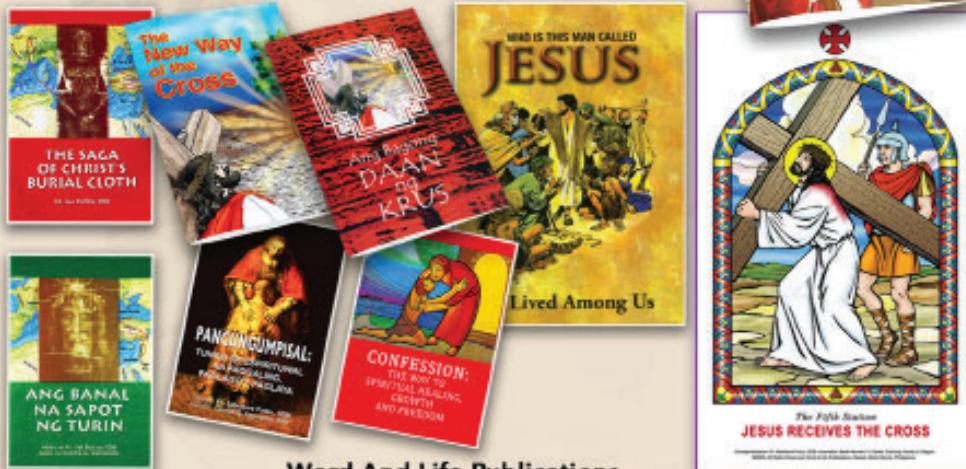
P—Go in peace, glorifying the Lord by your life.

All—Thanks be to God.

LENTEN SEASON 2026

"Rend your hearts, not your garments, and return to the LORD, your God, For he is gracious and merciful, slow to anger, abounding in steadfast love, and relenting in punishment." (Joel 2: 13)

Spend these forty days of Lent more meaningfully with the help of these devotional materials.



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