



1 FEBRUARY 2026 ❖ 4TH SUNDAY IN ORDINARY TIME ❖ PRO-LIFE SUNDAY ❖ YEAR A



The Beatitudes: Inspiration and Challenge

Today, on the Fourth Sunday in Ordinary Time and Pro-Life Sunday, we rejoice in the consoling message of the Beatitudes, proclaimed in the Gospel and foreshadowed in the First Reading. In these words, Jesus invites us to see life, human dignity, and true happiness through God's eyes.

The Beatitudes lift up virtues—meekness, mercy, poverty of spirit, and a hunger for justice—that often challenge worldly values. These are not mere ideals but the foundation for belonging to God's Kingdom. As we celebrate this Eucharist, may we commit to living the Beatitudes in our respect for life and care for others, encountering Jesus Christ, who not only taught but fully lived them in word, action, and spirit.

INTRODUCTORY RITES

ENTRANCE ANTIPHON

(To be recited only when no entrance hymn is sung.)

**Save us, O Lord our God!
And gather us from the nations,
to give thanks to your holy name,
and make it our glory to praise you.**
(Ps 105 (105): 47)

GREETING

P—Grace to you and peace from God our Father and the Lord Jesus Christ.
All—And with your spirit.

PENITENTIAL ACT

P—Coming together as God's family, with confidence let us ask the Lord's forgiveness, that we may offer this Eucharist with a purified heart. *(Pause)*

P—Lord Jesus, you taught us that all that really matters in life is to love as you did. Lord, have

mercy.

All— Lord, have mercy.

P—Lord Jesus, you were rejected by your own people. Christ, have mercy.

All— Christ, have mercy.

P— Lord Jesus, you are the fulfillment of the prophecies of old. Lord, have mercy.

All— Lord, have mercy.

P— May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

All— Amen.

GLORIA

All— Glory to God in the highest,
and on earth peace to people of good will.
We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,

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O God, almighty Father.
 Lord Jesus Christ, Only Begotten Son,
 Lord God, Lamb of God, Son of the Father,
 you take away the sins of the world,
 have mercy on us;
 you take away the sins of the world,
 receive our prayer;
 you are seated at the right hand of the Father,
 have mercy on us.
 For you alone are the Holy One,
 you alone are the Lord,
 you alone are the Most High,
 Jesus Christ,
 with the Holy Spirit,
 in the glory of God the Father. Amen.

COLLECT (OPENING PRAYER)

P – Grant us, Lord our God,
 that we may honor you with all our mind,
 and love everyone in truth of heart.
 Through our Lord Jesus Christ, your Son,
 who lives and reigns with you in the unity of the
 Holy Spirit,
 God, for ever and ever.
All – Amen.

LITURGY OF THE WORD

1st Reading

Zep 2:3; 3:12-13

R – A reading from the Book of the Prophet
 Zephaniah

Seek the Lord, all you humble of the earth,
 who have observed his law;
 seek justice, seek humility;
 perhaps you may be sheltered
 on the day of the Lord's anger.
 But I will leave as a remnant in your midst
 a people humble and lowly,
 who shall take refuge in the name of the
 Lord:
 the remnant of Israel.
 They shall do no wrong
 and speak no lies;
 nor shall there be found in their mouths
 a deceitful tongue.
 They shall pasture and couch their flocks
 with none to disturb them.

The word of the Lord.
All – Thanks be to God.

Responsorial Psalm

Ps 146:6-7, 8-9, 9-10

R – *Blessed are the poor in spirit; the kingdom
 of heaven is theirs.*

R. M. Velez



- * The Lord keeps faith forever,
 secures justice for the oppressed,
 gives food to the hungry.
 The Lord sets captives free. **R.**
- * The Lord gives sight to the blind;
 the Lord raises up those who were
 bowed down.
 The Lord loves the just;
 the Lord protects strangers. **R.**
- * The fatherless and the widow the Lord
 sustains,
 but the way of the wicked he thwarts.
 The Lord shall reign forever;
 your God, O Zion, through all
 generations. Alleluia! **R.**

2nd Reading

1 Cor 1:26-31

R – A reading from the first Letter of Saint Paul
 to the Corinthians

**Consider your own calling, brothers and
 sisters.**

**Not many of you were wise by human
 standards,
 not many were powerful,
 not many were of noble birth.
 Rather, God chose the foolish of the world to
 shame the wise,
 and God chose the weak of the world to
 shame the strong,
 and God chose the lowly and despised of
 the world,
 those who count for nothing,
 to reduce to nothing those who are
 something,
 so that no human being might boast
 before God.**

**It is due to him that you are in Christ Jesus,
 who became for us wisdom from God,
 as well as righteousness, sanctification,
 and redemption,
 so that, as it is written,
 “Whoever boasts, should boast in the
 Lord.”**

The word of the Lord.
All – Thanks be to God.

Gospel Acclamation

All—Alleluia, alleluia.
Rejoice and be glad;
your reward will be great in heaven.
Alleluia, alleluia.

Mt 5:12a

Gospel

Mt 1:1-12a

P —The Lord be with you.
All—And with your spirit.
P —A reading from the holy Gospel according
to Matthew
All—Glory to you, O Lord.

When Jesus saw the crowds, he went up the
mountain,
and after he had sat down, his disciples
came to him.

He began to teach them, saying:

“Blessed are the poor in spirit,
for theirs is the kingdom of heaven.

Blessed are they who mourn,
for they will be comforted.

Blessed are the meek,
for they will inherit the land.

Blessed are they who hunger and thirst
for righteousness,
for they will be satisfied.

Blessed are the merciful,
for they will be shown mercy.

Blessed are the clean of heart,
for they will see God.

Blessed are the peacemakers,
for they will be called children of
God.

Blessed are they who are persecuted
for the sake of righteousness,
for theirs is the kingdom of heaven.

Blessed are you when they insult you and
persecute you
and utter every kind of evil against
you falsely because of me.

Rejoice and be glad,
for your reward will be great in
heaven.”

The Gospel of the Lord.

All — Praise to you, Lord Jesus Christ.

HOMILY

Profession of Faith

(Nicene-Constantinopolitan Creed)

All — I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.

God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven, *(bow)**
and by the Holy Spirit
was incarnate of the Virgin Mary,
*and became man.**

For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic
and apostolic Church.
I confess one Baptism
for the forgiveness of sins
and I look forward to the
resurrection of the dead
and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

P — Today the Lord Jesus gives us assurance that
God cares in a special manner for those who
are humble or are despised or oppressed, and
that He rewards with the gift of the Kingdom
those who live by the values enshrined in the
Beatitudes. Let us pray for the grace to be true to
these values as we say:

All—Lord, graciously hear us.

C —That the whole Church, under the guidance
of its leaders, may give a shining example
of detachment from material goods and of
the promotion of moral and spiritual values,
let us pray. **R.**

C —That those who mourn and suffer for
justice’ sake may find in the Christian com-
munities a source of encouragement and
consolation, let us pray. **R.**

C —That all those who promote peace in their
environment may never be discouraged
by the difficulties connected with such an
undertaking, let us pray. **R.**

C –That the youth of the world, most especially those of our country, may treasure purity of heart in their thoughts, words, and actions, let us pray. **R.**

P – Lord Jesus, you embody in yourself the values of the Beatitudes and their fulfillment. As we endeavor to make these values the core of our life, sustain us with your grace till we reach the reign of the Beatitudes where you live and reign for ever and ever.

All – Amen.

LITURGY OF THE EUCHARIST

PREPARATION OF THE GIFTS

P –Pray, brethren . . .

All –May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

P – O Lord, we bring to your altar these offerings of our service:
be pleased to receive them, we pray,
and transform them
into the Sacrament of our redemption.
Through Christ our Lord.

All – Amen.

PREFACE IV

P –The Lord be with you.

All–And with your spirit.

P –Lift up your hearts.

All–We lift them up to the Lord.

P –Let us give thanks to the Lord our God.

All–It is right and just.

P –It is truly right and just, our duty and our salvation,
always and everywhere to give you thanks,
Lord, holy Father, almighty and eternal God,
through Christ our Lord.
For by his birth he brought renewal
to humanity's fallen state,
and by his suffering, canceled out our sins;
by his rising from the dead,
he has opened the way to eternal life,

and by ascending to you, O Father,
he has unlocked the gates of heaven.

And so, with the company of Angels and Saints,
we sing the hymn of your praise,
as without end we acclaim:

All – Holy, holy, holy Lord, God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

MEMORIAL ACCLAMATION

P – The mystery of faith.

All – When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

COMMUNION RITE

All–Our Father . . .

P –Deliver us, Lord . . .

**All –For the kingdom,
the power, and the glory are yours,
now and for ever.**

SIGN OF PEACE

BREAKING OF THE BREAD

All–Lamb of God, you take away the sins of the world:

have mercy on us. (2x)

Lamb of God, you take away the sins of the world:

grant us peace.

COMMUNION

P – This is the Lord Jesus, the model of our children and youth. He is the Lamb of God who takes away the sins of the world. Happy are those who are called to his supper.

**All – Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

COMMUNION ANTIPHON

(To be recited only when no Communion hymn is sung.)

Blessed are the poor in spirit,



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for theirs is the Kingdom of Heaven.
Blessed are the meek, for they shall possess
the land. (Mt 5:3-4)

PRAYER AFTER COMMUNION

P –Nourished by these redeeming gifts,
we pray, O Lord,
that through this help to eternal salvation
true faith may ever increase.
Through Christ our Lord.
All– Amen.

CONCLUDING RITES

P –The Lord be with you.
All –And with your spirit.

P– Bow down for the blessing. (Pause)

–May the Lord make you kind and compas-
sionate and thereby become
instruments of His love.

All –Amen.

P –May He make you strong in moments of
trial and wise in your judgment.

All –Amen.

P –May He give you purity of heart that you
may see God in the beauty of nature and in
the people around you.

All –Amen.

P –May almighty God bless you: the Father,
and the Son, and the Holy Spirit.

All –Amen.

P –Our Eucharist has been offered. Go in the
peace of Christ.

All –Thanks be to God.

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Canonized by Pope Leo XIV on September 7, 2025,
Saint Carlo is the patron of the digital age
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**Saint Carlo Acutis
The Cyber
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